

**WHAT IS CAMP HOPE?** A horse farm in Andover MN. Disadvantaged inner city N Minneapolis youth and pre-teens from families spend a summer day experiencing the joy of caring for, and riding horses in a beautiful country setting.

**WHO ATTENDS?** Youth, children, and families are from the surroundings of Operation Living Hope's annual food Hunger Hall (2013 -2021) at 22nd and Gerard Ave N North Mpls. These special ones are from the Jordan, Hawthorne, Fallwel, and Camden neighborhoods and outward. Residents are often struggling as winter shut-ins having difficulty affording winter heating bills, under perpetual poverty, suffering from domestic issues, hunger, and neighborhood crime. Some children deal



with autism. Other youth contend with depression. Many need counseling, healthy relationship building, and change.

**PLAN IMPLIMENTATION: WHEN, WHERE, AND WHAT?** Transportation is provided every Tuesday in June at 8:00 AM for a minimum of thirty teens and children with their parents or guardians to ensure safety. All will participate at 545 Constance Blvd. in Andover at the wonderful horse ranch facility. There will be plenty of time learning and understanding by an experienced equestrian coach about how to care for horses and how to ride them. Activities involving a good workout include grooming,



hefting buckets and saddles, cleaning stalls, and providing food and water.

**GOALS, BENEFITS, AND OUTCOMES?** The enjoyment of riding is more than horses work. Riding is a terrific individual workout. Apart from its aerobic benefits, riding also helps the youngster develop balance, coordination, and flexibility. Handling, riding, and caring for a horse or pony can also develop a host of positive traits in both youth and children such as responsibility, accountability, self- discipline. patience, level headedness (posture), empathy, and kindness. Everyone volunteers and can gain a sense of accomplishment from helping, and in some cases develop of leadership skills. Young folks appreciate and care for animals in a loving manner and gain sportsmanship. The game is not all about winning. The participants acquire confidence in the ability to express themselves in a comfortable setting where they can know they are cared for and where they can learn to trust.



**INVESTMENT RETURNS: WHY NEEDED IN THE COMMUNITY?** One wonderful experience like this can erase a lifetime of hopelessness. We will have our annual camp in summer 2024. So many positive comments from youth and parents alike. "I have always wanted to be at a horse ranch and now my wish has come true." "I have made so many friends not only with the horses, but with other kids and parents. I have lots to share at home." "I really want to



return as soon as possible."