



*With Annie Malone
Founder and President
of Operation Living
Hope, Inc.*

*Special Guests: Pam Ormiston
and Karen Hime from WCTS
Radio's "Women in the Word"*

Facts:

- Over 3 women and 1 man are casualties of their partners every day in the US.
- 3 out of 4 respondents know or have known personally a victim of domestic abuse.
- 83% strongly agree that domestic oppression is an extremely serious, widespread, social phenomena which has no bounds racially, religiously, economically, age.
- 4 out of 10 ranked fear that the oppressor would find the victim- is the prime reason for the victim not wanting to leave the relationship.

Harris Poll 2009

How to have a Happy Home

Choose to live in the light ... be accountable ... find a good Bible believing church ... work on good communications: ... speak the truth in love ... give a soft answer to turn away wrath ... guard your heart and lips ... know how to listen ... speak earnestly and sincerely ... forgive ... be honest ... have a tender heart ... gather data before speaking ... work on logic, coherence, clarity ...

attain discipline ... self control, spirit control ... find purpose ... esteem others higher than self ... practice goodness, faithfulness ... envy not in life, be timely, punctual ... love the enemy and hate the sin ... pray ... focus on your needs rather than on desires and wants ... persevere ... endure ... resist being prideful and work on being humble ... disarm another's anger with a kind response ... be solution oriented ... give ... terminate addictions and dependencies ... give... resolve and enjoy being a new you ... gain friendship with like minded ... do the right thing ... be proactive in the above ... be thankful ... understand the consequences of ignoring, dismissing or rejecting the above.



Operation Living Hope specializes in crisis prevention and intervention. We bring hope to many families through Life Coach Counseling, Hope Baskets, helping sponsor an inner city food shelf, County jail support, seminars and events..